

CITY OF MARYSVILLE
Marysville, Washington

RESOLUTION NO. _____

A RESOLUTION OF THE CITY OF MARYSVILLE
PROCLAIMING OCTOBER 2019 AS UNITY AND WELLNESS MONTH

- WHEREAS, the City of Marysville intends to join with the Marysville School District and the Tulalip Tribes to promote the awareness of sound mental health and raise awareness around the prevention of domestic violence, substance abuse, bullying and suicide; and
- WHEREAS, mental wellness is an essential element of individual health and is necessary to sustain an individual's thought processes, relationships, productivity and ability to adapt to change or face adversity; and
- WHEREAS, approximately one-half of chronic mental illness begins by age 14 and three-quarters by age 24; and
- WHEREAS, addressing the complex mental health needs of children, youth and adults is fundamental to the healthy future of our Marysville Tulalip community; and
- WHEREAS, public education and community activities can encourage mental health and help improve the lives of individuals and families affected by mental illness; and
- WHEREAS, residents can make a difference by helping to end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and
- WHEREAS, community education and awareness can also help reduce the occurrence of domestic violence, substance abuse, bullying and suicide; and
- WHEREAS, the Marysville Police Department, and in particular its team of School Resource Officers, in recent years has worked with the Marysville Tulalip community to bring anti-bullying and suicide awareness programs to middle school and high school students, their families and the greater community, and will do so again in October; and
- WHEREAS, Unity and Wellness Month is a community call to action asking individuals and organizations to come together to eliminate stigma and increase awareness of opportunities to live mentally, emotionally and spiritually well.

NOW, THEREFORE, BE IT RESOLVED, that the City Council of the City of Marysville, Washington, hereby joins with our community partners, the Marysville School District and the Tulalip Tribes, to proclaim October 2019 as Unity and Wellness Month to increase understanding of the importance of mental health and promote awareness about the prevention of domestic violence, substance abuse, bullying and suicide.

ADOPTED by the City Council at an open public meeting this 9th day of September, 2019.

CITY OF MARYSVILLE

JON NEHRING, Mayor

ATTEST:

TINA BROCK, Deputy City Clerk

Approved as to form:

JON WALKER, City Attorney