



PROCLAMATION

Declaring June 2019 Men's Health Month in the City of Marysville

- WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and
- WHEREAS, education about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS, men who understand the value that preventative health can play in prolonging their lifespans and their roles as productive family members are more likely to participate in health screenings; and
- WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS, the Men's Health Month website at www.MensHealthMonth.org features resources and information about awareness events and activities, including Wear Blue for Men's Health; and
- WHEREAS, Marysville residents are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE I, JON NEHRING, MAYOR, on behalf of the City Council and our community, do hereby proclaim June 2019 as

MEN'S HEALTH MONTH

in the City of Marysville. I encourage all residents of Marysville to pursue preventative health practices and early detection efforts.

Under my hand and seal this tenth day of June, 2019.

THE CITY OF MARYSVILLE

Jon Nehring, Mayor