



# PROCLAMATION

## Declaring June 2018 Men's Health Month in the City of Marysville

- WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and
- WHEREAS, education about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS, men who understand the value that preventative health can play in prolonging their lifespans and their roles as productive family members are more likely to participate in health screenings; and
- WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS, the Men's Health Month website at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) features resources and information about awareness events and activities, including Wear Blue for Men's Health; and
- WHEREAS, Marysville residents are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE I, JON NEHRING, MAYOR, on behalf of the City Council and our community, do hereby proclaim June 2018 as

### **MEN'S HEALTH MONTH**

in the City of Marysville. I encourage all residents of Marysville to pursue preventative health practices and early detection efforts.

Under my hand and seal this fourteenth day of May, 2018.

THE CITY OF MARYSVILLE

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*Jon Nehring, Mayor*